

## Health and Well-Being Courses

Subject	Course	Course Title	Credit Hours
AGE	350	Health and Aging	3
AGE	352	Chronic Illness and Aging	3
ANT	330	Medical Anthropology	3
BIO	168	Human Anatomy/Physiology II	4
CHM	350	Fundamentals of Biochemistry	3
DAN	101	Dance Topics	1
DAN	201	Conditioning: Body Therapies	3
GEO	140	Healthy Planet, Healthy People	3
HCR	101	Physical Fitness	3
HCR	107	Basic Stress Mgt/Relaxation	1
HCR	117	Enhanced Stress Mgt/Relaxation	2
HCR	203	Personal Health	3
HCR	204	Contemp Issues in Sexual Hlth	3
HCR	325	Issues in Women's Health	3
HCR	330	Medical Anthropology	3
HCR	362	Cultural Competen in Hlth Care	3
HCR	363	Intro to Health Disparities	3
HCR	368	Sociology of Health & Illness	3
HCR	379	Intro to Hlth Edu & Hlth Promo	3
HCR	404	AIDS: A Public Health Crisis	3
NSC	209	Basic Nutrition for HCR Pract	3
NUR	351	Issues in Women's Health	3
NUR	361	Hlth Promotn Across Life Span	3
PHL	170	Disabilities Studies	3
PHS	210	Pub Health & Engaged Citizen	3
PHS	420	Intro to Environmental Health	3
PHS	421	Occupational Health & Safety	3
PSY	180	Psychology of Sex	3
PSY	244	Psychology of Death	3
PSY	309	Abnormal Psychology	3
SAT	345	Social Prevention of Sub Abuse	3
SOC	368	Sociology of Health & Illness	3