

## Health and Well-Being Courses

| Subject | Course | Course Title                   | Credit Hours |
|---------|--------|--------------------------------|--------------|
| AGE     | 350    | Health and Aging               | 3            |
| AGE     | 352    | Chronic Illness and Aging      | 3            |
| ANT     | 330    | Medical Anthropology           | 3            |
| BIO     | 168    | Human Anatomy/Physiology II    | 4            |
| CHM     | 350    | Fundamentals of Biochemistry   | 3            |
| DAN     | 101    | Dance Topics                   | 1            |
| DAN     | 201    | Conditioning: Body Therapies   | 3            |
| GEO     | 140    | Healthy Planet, Healthy People | 3            |
| HCR     | 101    | Physical Fitness               | 3            |
| HCR     | 107    | Basic Stress Mgt/Relaxation    | 1            |
| HCR     | 117    | Enhanced Stress Mgt/Relaxation | 2            |
| HCR     | 203    | Personal Health                | 3            |
| HCR     | 204    | Contemp Issues in Sexual Hlth  | 3            |
| HCR     | 325    | Issues in Women's Health       | 3            |
| HCR     | 330    | Medical Anthropology           | 3            |
| HCR     | 362    | Cultural Competen in Hlth Care | 3            |
| HCR     | 363    | Intro to Health Disparities    | 3            |
| HCR     | 368    | Sociology of Health & Illness  | 3            |
| HCR     | 379    | Intro to Hlth Edu & Hlth Promo | 3            |
| HCR     | 404    | AIDS: A Public Health Crisis   | 3            |
| NSC     | 209    | Basic Nutrition for HCR Pract  | 3            |
| NUR     | 351    | Issues in Women's Health       | 3            |
| NUR     | 361    | Hlth Promotn Across Life Span  | 3            |
| PHL     | 170    | Disabilities Studies           | 3            |
| PHS     | 210    | Pub Health & Engaged Citizen   | 3            |
| PHS     | 420    | Intro to Environmental Health  | 3            |
| PHS     | 421    | Occupational Health & Safety   | 3            |
| PSY     | 180    | Psychology of Sex              | 3            |
| PSY     | 244    | Psychology of Death            | 3            |
| PSY     | 309    | Abnormal Psychology            | 3            |
| SAT     | 345    | Social Prevention of Sub Abuse | 3            |
| SOC     | 368    | Sociology of Health & Illness  | 3            |
| WGS     | 170    | Disabilities Studies           | 3            |

